

February Senior Center Gazette 2006

Thursday, Feb. 2, 11:30

**2006 - Year of the Dog
Chinese New Year Lunch**

\$5 members, \$7 non-members

Join in the festivities of New Year
with a delicious Chinese Lunch.

Entertainment & Video

"By Light of Lanterns:

An Untold History Of

Monterey's Chinese Fishermen"

At 11:30 pm Chinese Drumming and Tai Chi Cane Dancing will be performed. At 1:30 pm the Senior Center will present a screening of this exciting local video. It was made by the family of Geraldine Low-Sabado, President of the South Bay Chinese Club, who is the granddaughter one of the first Chinese residents of Monterey.



VALENTINES DAY CELEBRATION & LUNCH

Tuesday, February 14, Noon

Riley's Special "Grilled Petite Filet
of Beef with Bordelaise Sauce"
Bring your Valentine for a special
celebration and meal.

\$5 members & \$7 non-members

FEBRUARY BIRTHDAY PARTY

Friday, Feb. 10, 1:30 pm

**Entertainment by Edna Gamba
and the Fremontaires.**

Everyone is invited to enjoy the
music. Cake, ice cream, & coffee will
be served. A drawing will be held
for people who have a February
birthday. Join in the fun!

**Senior Center Closed on
Monday, February 20
for President's Day
Holiday**

COMMUNITY SERVICES

FREMONT HUMAN SERVICES DEPARTMENT.....	574-2050
Coordination of services for homebound seniors.....	574-2041
Senior Center.....	790-6600
Senior Information & Referral.....	574-2041
Fremont Paratransit Program.....	574-2053
Multi-Purpose Senior Services Program (MSSP).....	574-2050
Senior Peer Counseling.....	574-2063
Caregiver Support Program.....	574-2035
LIFE ELDERCARE.....	574-2090
Meals on Wheels.....	574-2092
Friendly Visitor Program.....	574-2097
Travel Escort Program.....	574-2096
AFGHAN ELDERLY ASSOCIATION.....	574-2059
ALAMEDA COUNTY WEBSITE.....	www.alameda.networkofcare.org
ALZHEIMER ASSOCIATION HOTLINE.....	1-800-660-1993
ALZHEIMER'S SERVICES OF THE EAST BAY.....	888-1411
BACS ADULT DAY CARE CENTER.....	656-7742
COMMUNITY HEALTH RESOURCE LIBRARY.....	494-7030
EAST BAY PARATRANSIT.....	1-800-555-8085
HEALTH INSURANCE INFORMATION SERVICE.....	1-800-770-9447
HOMESERVICES REGISTRY.....	574-2095
HOUSING ASSISTANCE (OFFICE OF NEIGHBORHOODS).....	494-4500
After hours.....	494-4505
LEGAL ASSISTANCE FOR SENIORS.....	1-800-393-0363
MEDICARE.....	1-800-952-8627
MEDICARE & INSURANCE COUNSELING (HICAP).....	1-800-393-0363
TRI-CITY HEALTH CLINIC.....	713-6685
SENIOR LIBRARY SERVICES.....	745-1499 or 745-1491
SOCIAL SECURITY.....	1-800-SSA-1213
TRI-CITY ELDER COALITION.....	574-2064

BUILDERS FUND ANNUAL MEMBERSHIP MEETING

February 21, 1:00 P.M.

by Mary Fontes, President

Please join us for this important
meeting to elect four members to the
board and learn what the Builders Fund
has provided to the Senior Center in
the past year. If you would be willing
to serve on the board, please call Mary
Fontes at 659-0243 so that your name
can be added to the ballot.

To be eligible for the \$50.00
membership prizes and the Quilt, your
membership donation must be delivered
to the Senior Center Office before
Friday, February 17, 2006. Your
payment "coupon" is your "ticket" which
will be used for the drawing.

AARP INCOME TAX HELP

Sign up now for Income Tax
Assistance appointments which
start on Thursday, February 2.
Appointments are available on:

Tuesday at 10, 11 & 12,
Thursday at 9, 10, 11, & 12, and
Friday at 1, 2, & 3 pm until April 14.

NEW CLASSES!

**Chinese Calligraphy
taught by Edward Thi
Fridays, 9:30 - 11:30 am**

Learn the art of Chinese Calligraphy
passed down through the centuries
from this excellent instructor.
Senior Center Members - no fee
Non-members - \$2 per class

Monday Night Line Dancing!

With Instructor & Choreographer
Henry Costa

Hopping Mad! Dance Productions

Mondays from 6 -7:30 pm

Drop-in classes are \$6 each

All ages are welcome!

International Food Festival Wednesday, March 2, Noon

**\$5 Senior Center Members
\$7 non-members**

Join us for the Annual Senior
Center International Food Festival
with delightful dishes from many
different countries. Purchase your
tickets early. If you would like to
donate food from your favorite
country, call the office, 790-6600.



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities. Inquiries may be forwarded to the Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, (510) 574-2051 or (510) 574-2040.